



‘Valmiki Ramayan’ Discourses Draws Community

The monthly series of talks by Swami Ishwarananda on the Valmiki Ramayan in February drew an enthusiastic response from the community each day. Swamiji continued to set the text in perspective and “building up the hero” – Lord Rama! He detailed the virtues of the Lord whose beauty and character Sage Narada spouts forth on excitedly.

To aspire to come close to such perfection, Swamiji said, required a proper vision of life. Knowledge of the right kind is necessary to reach the Lord even as we interact in this daily world. He said there were seven levels of learning for the individual: 1. Curiosity which was the essential first step toward acquiring any understanding. 2. Grasping power to comprehend what had been observed or taught. 3. Retaining of what was learned in such a way that it can be available and drawn upon at all times. 4. Combining the learning with the vision of life. 5. Discarding stuff not connected to the vision of life. 6. Methodology of knowledge was key, as it was important to zero in on the rasa of the learning in everything. 7. Gaining true wisdom will happen with these steps so learning doesn’t remain abstract. **For live and recorded webcasts of discourses: www.chinmayachannel.com**



CM Simi Valley Performs Saraswati Puja

Shri Saraswati puja was performed by Chinmaya Mission Bal Vihar Simi Valley at the Indian Community Center along with the Shri Radha Bihari temple.

Children, teachers and devotees recited the 108 names of the goddess of learning and chanted prayers. The entire congregation participated in singing bhajans in Her name and then listened to devotees extol Her virtues.



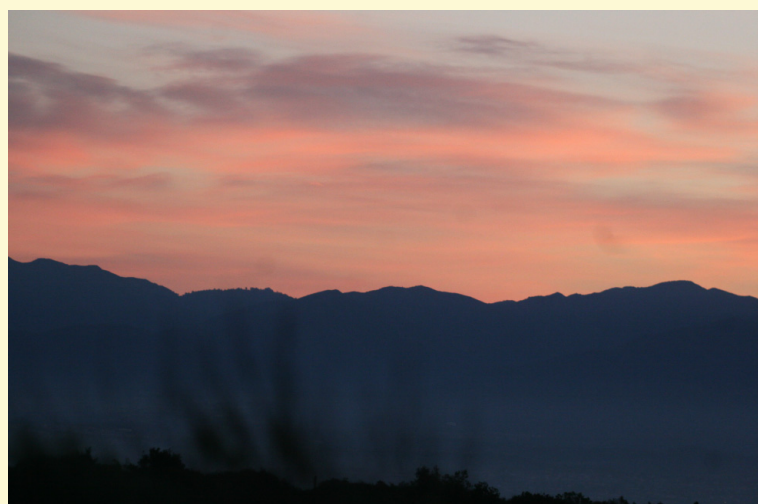
Join in For a Game of Badminton!



The badminton program continues at Rameshwaram with some keen participation from enthusiasts of the game. On Saturday between 7 and 9 am those willing to play the game for fun can join in at the large dining hall which doubles as a badminton court. On Sundays kids participate from 3 to 4pm and adults then play doubles between 4-5 pm. Amarendra Reddy who is the contact for the sport, said that coaching for kids between 6-12years is also available. For more information: amark@hotmail.com, or 909-919-0259

Enjoy Weekly Hikes With CMLA Family!

The monthly hikes that was being engaged in by CMLA members has now become a weekly one, with the active participation of those planning on going on the Kailash yatra with Swamiji this summer. Orange County trails are now busy on Saturdays with CMLA members enjoying the camaraderie, physical activity and the natural vistas. For more information or to join in: ravi.k.vishnubhotla@gmail.com



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